



Government of the Republic of Trinidad and Tobago

Ministry of Health

Guidelines for Preventing the Spread of the Novel Coronavirus

1



Wash your hands frequently with soap and water or use an alcohol-based hand sanitizer

2



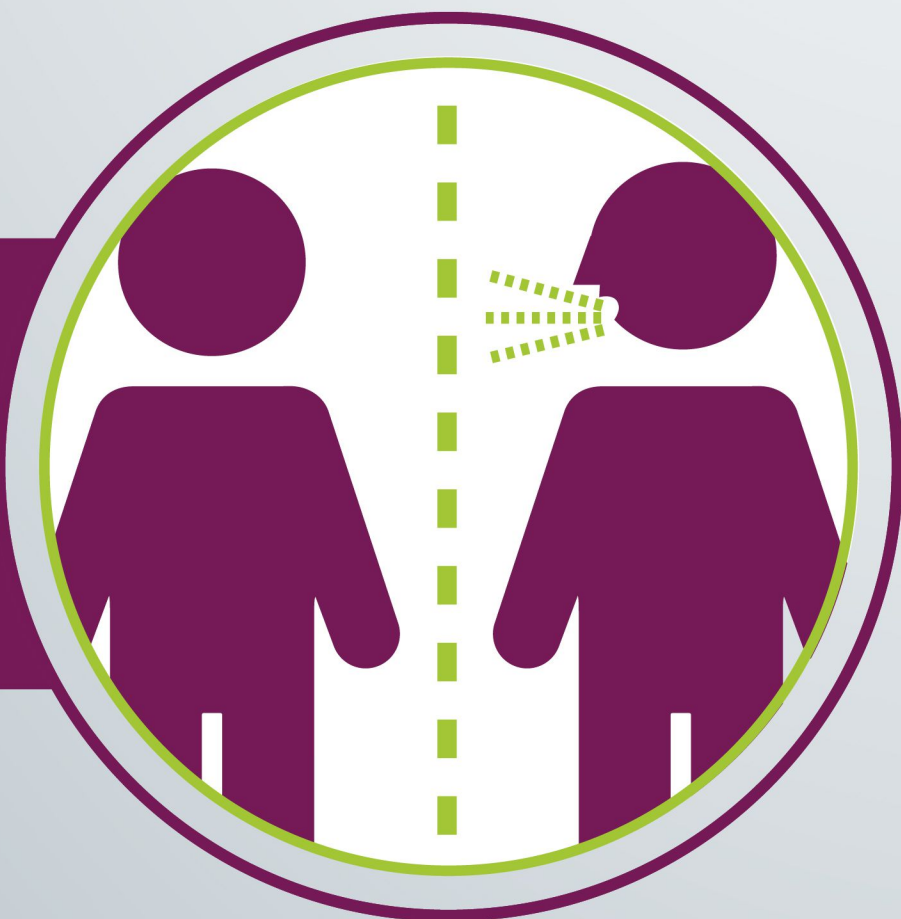
Cover your nose and mouth with disposable tissue when you cough or sneeze. Discard the tissue immediately.

3



Cough and sneeze into the crook of your elbow if you do not have a tissue.

4



Avoid close contact with people who have flu-like symptoms.

5



If you develop fever, cough or difficulty breathing after coming from a country with the Novel Coronavirus, please seek medical attention at the nearest health Institution.

Arriving Passengers: If you are exhibiting symptoms of fever, cough or difficulty breathing after coming from a country with the Novel Coronavirus, please advise and Immigration of Port Health Officer.

For more information visit www.health.gov.tt



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